



Malbank School & Sixth Form College

Rejoice in being the best that we can be.

Dear Parents / Carers

September 2026

Overview of the Year 7 Curriculum Head, Heart & Hand

The knowledge and skills we want our students to learn and develop at Malbank School is our core purpose. We continuously review our curriculum provision in Key Stage 3 to ensure that our students have the very best opportunity to make progress and be the best that they can be. Identifying what they need to learn and the order in which they learn knowledge and develop skills is key to this.

At Malbank, we believe that there should be clarity and consistency so that staff and students are clear on what knowledge and skills should be taught and learned in each curriculum area, academic year, topic and in each lesson.

To support with this, we have adopted a Head, Heart & Hand curriculum model which takes into account all aspects of the National Curriculum.

Head represents the key knowledge to be learned.

Heart represents the key personal skills that will be developed and help students to understand the world around them.

Hand represents the key skills that will be developed as a result of the knowledge learned.

I have included a topic overview at the end of this letter so that you can see what topics your child will be covering this term in each curriculum area, so when if like my children they tell you that they did nothing in school that day you will be able to ask about specific topics.

More information about the Year 7 and whole school curriculum can be found on our website - [Malbank School & Sixth Form College - Curriculum](#) or www.malbank.com and follow the links for curriculum.

Please remember, that these are overviews and sometimes topics may take a little longer or not as long to get to grips with, to secure the knowledge and skills needed to move on.

I hope that this information is useful. If you have any concerns over how your child is progressing, please don't hesitate to get in touch with your child's Culture Manager or the Key Stage 3 team.

Yours Sincerely,
Janine Edwards – Deputy Headteacher

 **Headteacher: John D. Harrison B.A. (Hons.)**

 **Welsh Row, Nantwich, Cheshire East, CW5 5HD**

 **admin@malbank.cheshire.sch.uk**

 **01270 611009**

 **malbank.com**



Malbank School & Sixth Form College

Rejoice in being the best that we can be.

Year 7

	Autumn 1	Autumn 2
Art	An introduction to abstract art and the formal elements of art	
Dance	Unit 1 – Stick It to the Man: Safe studio practice, Safe Contact Work, Stylistic Qualities, Confidence through Performance.	
Drama	Introduction to drama	Introduction to melodrama
English	Heroes and villains Introduction to Shakespeare through heroes and villains. Short Stories: Origin Stories and Greek Myths	
Geography	Introduction to Geography	Investigation China
History	History through the microscope and telescope – Historical skills introduction	How did a French man rule England?
ICT	School IT Systems. Logging onto the School System. Fundamental IT skills. Continue Fundamental IT skills: Hardware and Software. Research skills and reliable sources of information. Followed by digital dangers.	
Maths	2D shapes Shape problems and operations	Measures and proportion
French	Bridging unit from Key Stage 2	C'est perso: all about likes and dislikes and giving out personal information
German	About me (personal information)	Family and pets
Music	Musical Beginnings 1: Find Your Voice	Musical Beginnings 2: Keyboards: Ode to Joy
PE (Physical Education)	Pupils will cover 2 sports from the lists below this term Indoor: Badminton Trampolining Fitness Suite Rugby Outdoor: Hockey Football Netball	Pupils will cover 2 sports from the lists below this term Indoor: Badminton Trampolining Fitness suite Rugby Outdoor: Hockey Football Netball
RS	Development of Religion Where in the World-finding the major world religions	Why religion is important in the world? Introduction to Christianity.

Headteacher: John D. Harrison B.A. (Hons.)

Welsh Row, Nantwich, Cheshire East, CW5 5HD

admin@malbank.cheshire.sch.uk

01270 611009

malbank.com



Malbank School & Sixth Form College

Rejoice in being the best that we can be.

	Connections between the major religions	
Science	Cells Microscopes, cell structure, cells, magnification, unicellular organisms and specialised cells	Skeletal and muscular systems and organization The skeleton, biomechanics, principles of organisation
Spanish	About me (personal information)	Family and pets
Technology	Food – Health & Safety, Healthy eating, knife skills, measuring ingredients DT – Making a mood lamp focusing on Health & Safety, scales of production, materials and electronics	

 Headteacher: John D. Harrison B.A. (Hons.)

 Welsh Row, Nantwich, Cheshire East, CW5 5HD

 admin@malbank.cheshire.sch.uk

 01270 611009

 malbank.com