



Malbank School & Sixth Form College

Rejoice in being the best that we can be.

Dear Parents / Carers

September 2025

Overview of the Year 7 Curriculum

Head, Heart & Hand

The knowledge and skills we want our students to learn and develop at Malbank School is our core purpose. We continuously review our curriculum provision in Key Stage 3 to ensure that our students have the very best opportunity to make progress and be the best that they can be. Identifying what they need to learn and the order in which they learn knowledge and develop skills is key to this.

At Malbank, we believe that there should be clarity and consistency so that staff and students are clear on what knowledge and skills should be taught and learned in each curriculum area, academic year, topic and in each lesson.

To support with this, we have adopted a Head, Heart & Hand curriculum model which takes into account all aspects of the National Curriculum.

Head represents the key knowledge to be learned.

Heart represents the key personal skills that will be developed and help students to understand the world around them.

Hand represents the key skills that will be developed as a result of the knowledge learned.

I have included a topic overview at the end of this letter so that you can see what topics your child will be covering this term in each curriculum area, so when if like my children they tell you that they did nothing in school that day you will be able to ask about specific topics.

More information about the Year 7 and whole school curriculum can be found on our website - [Malbank School & Sixth Form College - Curriculum](https://www.malbank.com) or www.malbank.com and follow the links for curriculum.

Please remember, that these are overviews and sometimes topics may take a little longer or not as long to get to grips with, to secure the knowledge and skills needed to move on.

I have also added a copy of our reading newsletter to the bottom of the letter.

I hope that this information is useful. If you have any concerns over how your child is progressing please don't hesitate to get in touch with your child's Progress Manager or the Key Stage 3 team.

Yours Sincerely,

Janine Edwards – Deputy Headteacher

 Headteacher: John D. Harrison B.A. (Hons.)

 Welsh Row, Nantwich, Cheshire East, CW5 5HD

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 [malbank.com](https://www.malbank.com)



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Year 7

	Autumn 1	Autumn 2
Art	An introduction to the formal elements of Art	
Dance	Unit 1 – Stick It to the Man : Safe studio practice, Safe Contact Work, Stylistic Qualities, Confidence through Performance.	
Drama	Introduction to drama	Introduction to melodrama
English	Heroes and villains	
Geography	Introduction to Geography	Investigation China
History	How did conflict change England?	How did the Normans control England?
ICT	School IT Systems. Logging onto the School System. Fundamental IT skills. Continue Fundamental IT skills: Hardware and Software. Research skills and reliable sources of information. Followed by digital dangers.	
Maths	2D shapes Shape problems and operations	Measures and proportion
French	Bridging unit from Key Stage 2	C'est perso: all about likes and dislikes and giving out personal information
German	About me (personal information)	Family and pets
Music	Musical Beginnings 1: Find Your Voice	Musical Beginnings 2: Keyboards: Ode to Joy
PE (Physical Education)	Pupils will cover 2 sports from the lists below this term Indoor: Badminton Trampolining Fitness Suite Rugby Outdoor: Hockey Football Netball	Pupils will cover 2 sports from the lists below this term Indoor: Badminton Trampolining Fitness suite Rugby Outdoor: Hockey Football Netball
RS	Development of Religion Where in the World-finding the major world religions Connections between the major religions	Why religion is important in the world? Christianity still relevant in the UK today? Life of Jesus - Birth
Science	Cells	Skeletal and muscular systems and organisation
Spanish	About me (personal information)	Family and pets
Technology	Food – Health & Safety, Healthy eating, knife skills, measuring ingredients DT – Making a mood lamp focussing on Health & Safety, scales of production, materials and electronics	

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READING NEWSLETTER

Key Stage 4 Formtime Reading

In years 9 and 10, students will spend one morning a week reading either a short extract of fiction or a newspaper article. These are designed so that students can finely tune their reading for information skills that will be crucial in their GCSE exams as well as in their adult lives.

Key Stage 3 Formtime reading

In years 7 and 8, students will spend one morning a week reading a short fiction book linked to an area of the Education for Life curriculum. Students might be reading about characters who are suffering from bullying, dealing with climate change or the challenges that technology brings. These stories have been chosen to allow the students to explore the issues through a different lense and broaden their horizons, as well as developing a lifelong love of reading

Reliable news source

The Day publishes several articles every day, covering the main stories from around the world. These are designed for high school students and are a great way for pupils to keep up to date with events that are happening around the world whilst avoiding dangerous misinformation. The link is on the school website but can also be found below

www.theday.co.uk/?id=FBB6BBD8-90FA-4FCB-A2FC-044514FB9802

The School Library

Our school library is open every break and lunchtime. Students can borrow from a wide range of books (both fiction and non-fiction). They can also use the library as a quiet space where they can read, complete homework and revise



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