

What Career are you in, and what sort of things does this entail?

Health & Wellbeing Physiologist at Nuffield Health (London). Health, fitness and life assessments in clinical healthcare. Involves ECGs, phlebotomy and blood analysis, with other health and wellness analysis/assessments.

What inspired you to go into your chosen career?

Was not my original plan, had a previous part time job with the premier league during my masters degree and tried to gain full time work for elite sporting clubs. Then tried to widen my search to a more broad area

What advice would you give to anyone interested in working in your career area?

Keep motivated through your own self! Can be a niche area of health/sports science so trust the process and enjoy the journey as much as the destination!

What do you know now, that you wish you'd known when you were leaving Malbank?

What you put in you get out in terms for revision/work! And also what is meant for you won't pass you by, so don't be disheartened hearing a no. For every no you hear (job or uni choice) it makes the yes all the better.

If you would like to get in touch with Matt to find out more about careers like this, please contact Mr Batty in the Sixth Form Office, or via Teams