






# Unit 1- War Poetry



At Malbank pupils will develop confidence and creativity through learning dance sequences and choreography techniques. Pupils will learn the importance of health and fitness and gain awareness of body mechanics.




Prior Knowledge	Current	Future
<p><b>Pupils should have:</b></p> <p>Know how to warmup properly and stay safe in the studio.            Know exercises to help develop fitness and wellbeing.            Know the stylistic qualities of Musical Theatre.            Know how to give a confident appearance.            Know a range of dance vocabulary.            Know why creativity and initiative are important.            Know a range of choreographic devices.            Know a range of stylistic qualities of different dance styles.            Know what skills are needed to apply them.            Know the origins and history of a range of different dance styles.</p>	<p><b>HEAD - Knowledge</b></p>	<p><b>Pupils should go on to:</b></p> <p>- Understand the themes of the poem Exposure to be able to build on this knowledge in English literature.             -Experience creating work with more props.             -Experience creating longer class pieces.</p>
	 <ul style="list-style-type: none"> <li>•Know the title, poet and themes of the poem in preparation for English Literature GCSE.</li> <li>•Know the Health and Safety guidance for contact work.</li> <li>•Know how interpretation is similar in Dance and English.</li> <li>•Know a range of motif developments.</li> <li>•Know the stages of the rehearsal process.</li> </ul>	
	<p><b>HEART - Personal Development</b></p>	
 <ul style="list-style-type: none"> <li>•Developing self-awareness by evaluating and evidencing own strengths and areas for development and target setting.</li> <li>•Developing wellbeing by learning exercises to promote well-being.</li> <li>•Developing confidence by creating a confident persona.</li> <li>•Developing trust and resilience through more complex contact work.</li> <li>•Developing teamwork by working as a team to produce something successful and working in a range of groups.</li> <li>•Communicating meaning through movement, demonstrating their understanding of the soldiers in the poem.</li> <li>•Responding to feedback.</li> </ul>		
<p><b>HAND - Skills</b></p>	 <ul style="list-style-type: none"> <li>•Applying a range of physical skills including strength, stamina, coordination and spatial awareness.</li> <li>•Applying a range of performance skills including focus, facial expression, dynamics, energy and extension to communicate character and theme.</li> <li>•Applying a range of personal skills such as leadership, organisation, communication, initiative and resilience.</li> <li>•Developing fitness– strength and stamina.</li> <li>•Applying evaluative skills and written communication skills to evaluate final performance.</li> </ul>	



# Unit 2- Chair Dance



At Malbank pupils will develop confidence and creativity through learning dance sequences and choreography techniques. Pupils will learn the importance of health and fitness and gain awareness of body mechanics.

Prior Knowledge	Current	Future
<p><b>Pupils should have:</b></p> <ul style="list-style-type: none"> <li>•Knowledge of the Health and Safety guidance for contact work.</li> <li>•Knowledge of how to interpret text to create movement.</li> <li>•Knowledge of a range of motif developments.</li> <li>•Knowledge of Binary form</li> <li>•Knowledge of the stages of the rehearsal process.</li> </ul>	<p><b>HEAD - Knowledge</b></p>	<p><b>Pupils should go on to:</b></p> <ul style="list-style-type: none"> <li>- Know the stylistic qualities of 3 different styles of dance and a range of skills needed to perform them successfully.</li> <li>Know a range of roles and responsibilities within the dance industry and how style can have an impact on these.</li> <li>Know a range of skills, techniques and processes used by different practitioners and assess how effective these are.</li> <li>Know how different processes and techniques interrelate to inform the creative process and how constituent features interrelate to give meaning to a piece.</li> <li>Know what influences practitioners and their impact on their work.</li> </ul>
	 <ul style="list-style-type: none"> <li>•Know the Health and Safety guidance for working with a chair.</li> <li>•Know how to use a chair to development movement.</li> <li>•Know the what the terms binary and ternary mean.</li> <li>•Know a range of choreographic devices.</li> </ul>	
	<p><b>PERSONAL - Personal Development</b></p>	
	 <ul style="list-style-type: none"> <li>•Developing self-awareness through identifying and evidencing strengths and areas of development, target setting.</li> <li>•Developing confidence by creating a confident persona.</li> <li>•Developing leadership skills through group work and teaching each other movement.</li> <li>•Developing teamwork by working as a team to produce something successful and working in a range of groups.</li> <li>•Communicate meaning (choreographic intentions).</li> </ul>	
<p><b>HAND - Skills</b></p>	 <ul style="list-style-type: none"> <li>•Applying a range of physical skills including strength, stamina, coordination and spatial awareness.</li> <li>•Applying a range of performance skills including focus, facial expression, dynamics, energy and extension to communicate character and theme.</li> <li>•Applying a range of personal skills such as leadership, organisation, communication, initiative and resilience.</li> <li>•Developing fitness– strength and stamina.</li> <li>•Applying evaluative skills and written communication skills to evaluate final performance.</li> </ul>	