






Component 1- Exploring the Performing Arts



At Malbank pupils will develop confidence and creativity through learning dance sequences and choreography techniques. Pupils will learn the importance of health and fitness and gain awareness of body mechanics.




| Prior Knowledge | Current | Future |
|---|--|--|
| <p>Pupils should have:</p> <p>- Text</p> | <p>HEAD - Knowledge</p> | <p>Pupils should go on to:</p> <p>- Know a range of physical skills.</p> <p>- Know a range of interpretive skills.</p> <p>- Know a range of performance skills.</p> <p>- Know a range of personal and rehearsal skills and techniques.</p> <p>- Know own strengths and areas for development and know how to improve these areas.</p> <p>- Know a piece of professional repertoire.</p> |
| |  <ul style="list-style-type: none"> • Know the stylistic qualities of 3 different styles of dance and a range of skills needed to perform them successfully. • Know a range of roles and responsibilities within the dance industry and how style can have an impact on these. • Know a range of skills, techniques and processes used by different practitioners and assess how effective these are. • Know how different processes and techniques interrelate to inform the creative process and how constituent features interrelate to give meaning to a piece. • Know what influences practitioners and their impact on their work. | |
| | <p>HEART - Personal Development</p> | |
| |  <ul style="list-style-type: none"> • Developing confidence by creating a confident persona. • Developing teamwork by working as a team to produce something successful. • Developing creativity by exploring how different practitioners make work. • Appreciating and interpreting Dance pieces as works of art. | |
| <p>HAND - Skills</p> |  <ul style="list-style-type: none"> • Applying a range of physical skills appropriate to 3 different styles. • Applying a range of performance skills including focus, dynamics, energy and extension. • Applying a range of personal management skills including organisation, initiative and resilience. • Developing fitness– strength and stamina. • Applying written communication skills to communicate research findings. • Applying research skills. | |



Component 2- Developing Skills and Techniques in the Performing Arts



At Malbank pupils will develop confidence and creativity through learning dance sequences and choreography techniques. Pupils will learn the importance of health and fitness and gain awareness of body mechanics.

| Prior Knowledge | Current | Future |
|--|---|---|
| <p>Pupils should have:</p> <ul style="list-style-type: none"> - Knowledge of the stylistic qualities of 3 different styles of dance and a range of skills needed to perform them successfully. - Knowledge of a range of roles and responsibilities within the dance industry and how style can have an impact on these. - Knowledge of a range of skills, techniques and processes used by different practitioners and assess how effective these are. - Knowledge of how different processes and techniques interrelate to inform the creative process and how constituent features interrelate to give meaning to a piece. - Knowledge of what influences practitioners and their impact on their work. | <p>HEAD - Knowledge</p>  <ul style="list-style-type: none"> • Know a range of physical skills. • Know a range of interpretive skills. • Know a range of performance skills. • Know a range of personal and rehearsal skills and techniques. • Know own strengths and areas for development and know how to improve these areas. • Know a piece of professional repertoire. | <p>Pupils should go on to:</p> <ul style="list-style-type: none"> - Know the important requirements of responding to a brief. - Know how express theme through movement and choreographic devices. - Know how to express theme through a range of skills. - Know a range of choreographic techniques and structures. - Know how to select and reject ideas effectively. |
| | <p>HEART - Personal Development</p>  <ul style="list-style-type: none"> • Developing self-awareness through identifying and evidencing strengths and areas of development. Target setting and making improvements. • Developing confidence by creating a confident persona. • Responding to feedback. • Communicating choreographic intentions to an audience. • Developing teamwork- teaching and coaching each other, inspiring each other to perform to their full potential and working together to perform a successful piece. • Developing resilience through learning increasingly complex sequences. | |
| | <p>HAND - Skills</p>  <ul style="list-style-type: none"> • Applying a range of physical skills. • Applying a range of evaluative and communication skills. • Developing fitness– strength, flexibility and stamina. • Applying a range of personal skills such as organisation, communication, initiative and resilience. | |