

HEAD HEART HAND

AT MALBANK

DANCE

Year 9 Term 1: War Poetry



Know the title, poet and themes of the poem in preparation for English Literature GCSE.

Know the Health and Safety guidance for contact work.

Know how interpretation is similar in Dance and English.

Know a range of motif developments.

Know the stages of the rehearsal process.



Developing self-awareness by evaluating and evidencing own strengths and areas for development and target setting.

Developing wellbeing by learning exercises to promote well-being.

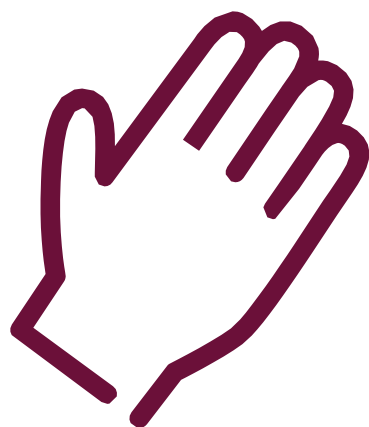
Developing confidence by creating a confident persona.

Developing trust and resilience through more complex contact work.

Developing teamwork by working as a team to produce something successful and working in a range of groups.

Communicating meaning through movement, demonstrating their understanding of the soldiers in the poem.

Responding to feedback.



Applying a range of physical skills including strength, stamina, coordination and spatial awareness.

Applying a range of performance skills including focus, facial expression, dynamics, energy and extension to communicate character and theme.

Applying a range of personal skills such as leadership, organisation, communication, initiative and resilience.

Developing fitness— strength and stamina.

Applying evaluative skills and written communication skills to evaluate final performance.

HEAD HEART HAND

AT MALBANK

DANCE

Year 9 Term 2: Chair Dance



Know the Health and Safety guidance for working with a chair.

Know how to use a chair to development movement.

Know the what the terms binary and ternary mean.

Know a range of choreographic devices.



Developing self-awareness through identifying strengths and areas of development, target setting.

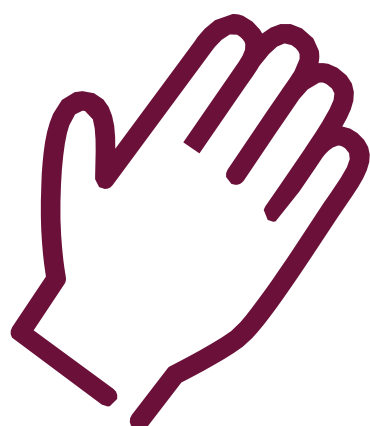
Developing confidence by creating a confident persona.

Developing leadership skills through group work and teaching each other movement.

Developing teamwork by working as a team to produce something successful and working in a range of groups.

Communicate meaning (choreographic intentions).

Responding to feedback



Applying a range of physical skills including strength, stamina, coordination and spatial awareness.

Applying a range of performance skills including focus, facial expression, dynamics, energy and extension to communicate character and theme.

Applying a range of personal skills such as leadership, organisation, communication, initiative and resilience.

Developing fitness– strength and stamina.

Applying evaluative skills and written communication skills to evaluate final performance.