BTEC National L3 Health and Social Care

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Unit 1 – Human Lifespan Development



You will develop knowledge and understanding of patterns of human growth and development from birth to older adulthood across the four key areas: physical, intellectual, emotional and social. Learning about a range of different factors that may impact growth and development. You will learn about a range of theories and models to explain and interpret behaviour across the lifespan. In addition to this, you will explore the impact of predictable and unpredictable life events, and then recognise how they can impact on individual's development.



- ♥ Become confident in knowing how to promote a healthy lifestyle
- ♥ Develop communicate and become a confident speaker
- ♥ Be compassionate to individuals who make be vulnerable in society
- ♥ Become assertive and understand that we have a diverse population with a range of needs



- Describe physical, intellectual, emotional and social development across the lifespan
- Discuss factors affecting growth and development and effects of ageing
- Analyse and evaluate human development theories/models to explain patterns of growth and development and the factors that affect it

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Unit 2 – Working in Health and Social Care



This unit introduces you to what it is like working within the health and social care sector. You will investigate the different roles and responsibilities that professionals have, and how these should be applied consistently in everyday work. You will learn the principals that guide ethical practitioner behaviour and then explore the different regulatory bodies which hold professionals accountable to these standards. You will then analyse different barriers which may prevent individuals accessing an organisation and consider ways to overcome these. Lastly, you will look at how these organisations are regulated by external agencies, and how they are used by the organisations to improve care.



- ♥ Develop your intuition to question and challenge situations in which you feel injustice has happened
- ♥ Be independent and resilient in your learning on this exam module
- ♥ Be proud of a country that has a National Health Service
- ♥ Show commitment you will want to make the world a better place



- Describe the roles and responsibilities of people who work in the health and social care settings
- Identify different health and well-being needs of a diverse range of individual's
- Analyse the importance of multi-agency working
- Evaluate how workers and organisations are monitored and regulated
- Discuss how to reduce barriers that may impact a person's ability to access health and social care services

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Unit 5 – Meeting Individual care and Support Needs



On this module you will learn the values and issues that must be considered when planning care and supporting the needs to individuals who access health and social care settings. You will also consider ethical issues which must be deliberated when care planning to ensure personalised care is effective. From this you will examine the factors that can impact the professionals who provide the care and support, and the challenges that they must overcome to allow access to high quality care. Finally you will explore the importance of multi-agency working when creating and providing a care package that supports the individuals complex care needs.



- ♥ Be confident in addressing discrimination and prejudice in society and be an advocate for people's rights
- ♥ Have excellent communication skills and know how to use different communication techniques effectively
- ♥ Show resilience and organisation when completing coursework and meeting deadlines
- Develop compassion and know how to behave in an ethical way



- * Explain the importance of a diverse society and know how to promote anti-discriminatory practice
- Assess the importance of personal qualities and communication skills in the caring process
- Describe and analyse the impact of legislation and codes of practice on practitioner behaviour
- Assess the benefits of multi-disciplinary working and understand how professionals work together to provide holistic care

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Unit 14 – Physiological Disorders and their Care



You will learn about the signs and symptoms of physiological disorders and how they are investigated and diagnosed. You will also learn about the different types of treatment and support available for individual service users, including surgery, rehabilitation and complementary therapies. From this you will create a treatment plan for a service user with a specific physiological disorder, this will help you understand the treatment and support strategies involved, the contributions of different professionals and the importance of providing individualised care.



- ♥ Demonstrate empathy and compassion for individuals who suffer from a physiological disorder
- ♥ Show resilience and organisation when completing coursework and meeting deadlines
- ♥ Consider a career medicine to help treat individuals
- ♥ Work with integrity and be confident when working in the best interest of others



- Explain the causes, signs, symptoms, diagnosis and treatment of a range of physiological disorders
- Investigate different types of care and support locally and nationally to help treat each disorder
- Evaluate the impact of physiological disorders on the health and wellbeing of different individuals
- Create a treatment plan for a specific service user with a disorder and review the outcomes of it