

BTEC Tech Award

L2 Health and Social Care

HEAD HEART HAND

AT MALBANK

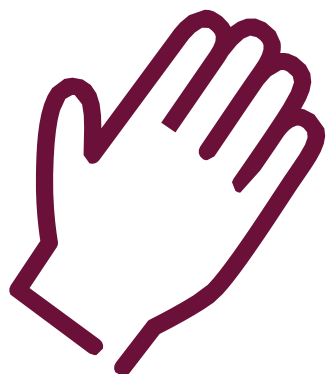
Component 1 – Human Lifespan Development



As a student you will learn to understand how people grow and develop over the course of their lifespan from infancy to older age; considering physical, intellectual, emotional and social areas of development. In addition to this you will explore the different factors that can impact a person's life as well as the expected and unexpected life events they may face. You will have the opportunity to explore different support networks available and begin to analyse the impact of these on a person's growth and development.



- ♥ Organisation and commitment is key, you will need to plan your time well and work to set deadlines. Coursework is challenging and you need to stay committed to the end.
- ♥ You will become a skilled communicator in class via small group or class discussions and in the written form as you complete your coursework.
- ♥ Demonstrate empathy and show kindness towards individuals who are vulnerable, or have experience challenging life events



You will be able to:

- 👏 Describe the different aspects of growth and development across an individual's lifespan
- 👏 Explain how different factors and life events can impact growth and development
- 👏 Discuss how different health and social care professionals work together to provide effective care
- 👏 Assess the impact of key health and social care services and the support they provide to individuals

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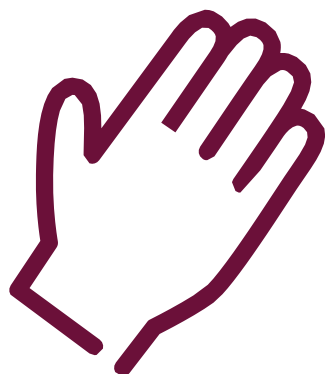
Component 2 - Health and Social Care Services and Values



You will develop an understanding of the health and social care sector, and learn to make the distinction between them and know why services users would access each sector. Great emphasis is placed on understanding the type of care and support different services can provide, and then you will begin to analyse the effectiveness of these services. You will also learn about the care values that guide professional and ethical behaviour and how these impact the caring process.



- ♥ Discover a job role in health and social care that you never knew existed – could this be the career for you?
- ♥ Be proud to be a member of a country where we have a FREE NHS service
- ♥ Feel confident when you communicate with different members in society and be sophisticated when doing so



You will be able to:

- 👏 Discuss the difference between the health and social care services, and know the support they can offer
- 👏 Signpost individuals who do need care and support to local services in your area
- 👏 Know the reasons why someone may not ask/receive help even if they know they need it
- 👏 Analyse the effectiveness of health and social care providers
- 👏 Explain how health and social care professionals should behave and the impact this has on people

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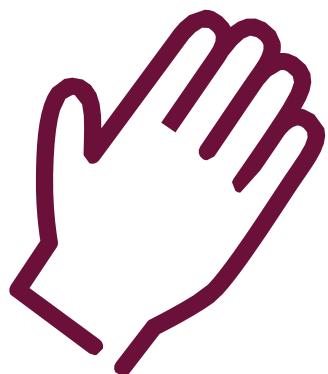
Component 3 – Health and Wellbeing



You will get to grips with what being 'healthy' means – and how the understanding of this concept may vary between different groups of people. You will learn how to interpret different physiological and lifestyle factors and what they mean for someone's health. From this, you will design an appropriate plan for improving someone's health and wellbeing. The plan will include SMART targets to help the client improve. Finally you will have to consider the barriers which prevent someone from following the plan, and effectively manage these to ensure the outcomes are achievable.



- ♥ Offer a non-judgemental attitude to the problems people around you are facing - be proactive and reach out to people who you think are suffering and need extra support
- ♥ Use your initiative to keep on top of your work load, and manage your time to revise for the exam to ensure you are successful
- ♥ Show leadership and promote a healthy lifestyle to your friends and the local community



You will be able to:

- 👉 Promote a healthy lifestyle and understand the risks a negative one poses on health and well-being
- 👉 Interpret and assess and analyse health data
- 👉 Know how to create and review an action plan with SMART targets
- 👉 Understand the obstacles when trying to implement a plan and how to reduce these being barriers