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	<p><b>Transition to High School:</b> Who am I and how do I fit into my communities?</p> 	<p><b>Growing Up Healthy:</b> Understanding Sleep, Substances, and Puberty.</p> 	<p><b>Healthy Relationships and Online Safety:</b> Navigating Challenges Together.</p> 	<p><b>Positive relationships</b> and healthy boundaries.</p> 	<p><b>Eco-den:</b> building a sustainable business.</p> 	<p><b>Exploring Me and My Future:</b> Building Self-Awareness and Career Aspirations.</p> 
	<p><b>What are the risks surrounding drugs and alcohol,</b> and how do we avoid them?</p> 	<p><b>Healthy Minds, Healthy Lives –</b> Building Resilience and Wellbeing.</p> 	<p><b>Understanding and Challenging Prejudice:</b> Promoting Equality and Inclusion.</p> 	<p><b>Building healthy relationships:</b> respect, boundaries and safe choices.</p> 	<p><b>Understanding digital boundaries:</b> respect, consent and online safety.</p> 	<p><b>Real life ready:</b> first aid, empathy and everyday emergency skills</p> 
	<p><b>Staying safe:</b> avoiding drugs, gangs and knives.</p> 	<p><b>Health in focus:</b> making informed choices to look after our bodies.</p> 	<p><b>Respects and Rights in relationships.</b></p> 	<p><b>Navigating healthy relationships:</b> Consent, Contraception and Sexual well-being.</p> 	<p><b>Staying safe:</b> online and real life risks.</p> 	<p><b>Money and mind:</b> building financial resilience</p> 
	<p><b>Mental health:</b> what is it and how can I protect it?</p> 	<p><b>Critical Thinking and Influence:</b> How Can We Resist the Pull of the Crowd?</p> 	<p><b>Understanding Healthy Relationships</b> and Responding to Stalking and Harassment.</p> 	<p><b>Belonging and community:</b> addressing extremism and discrimination.</p> 	<p><b>Building resilience:</b> overcoming failure and harnessing success.</p> 	<p><b>Media literacy:</b> spotting the real news amongst a sea of disinformation.</p> 
	<p><b>Wellness &amp; Emergency Preparedness:</b> Coping Strategies and First Aid Essentials.</p> 	<p><b>Independence:</b> Being responsible, safe and making informed choices.</p> 	<p><b>Navigating Love and Life:</b> Essential Skills for Healthy Relationships.</p> 	<p><b>Understanding relationship rights and responsibilities.</b></p> 	<p><b>First Aid recap</b> and coping with exam stress.</p> 