

	GROUPS				Theme
	10 PE Y 1 M (BOYS)	10 PE Y 2 M (BOYS)	10 PE Y 1 F (GIRLS)	10 PE Y 2 F (GIRLS)	
					The theme for Year 10 is to understand the roles of a leader and demonstrate effective leadership. Students will experience leading warm ups and cool down to their peers in all 6 sports over the year. Students will be practically assessed at the end of every half term for a specific sport.
Autumn A - WEEK 1	VOLLEYBALL (1/2 SH)	HANDBALL/BASKETBALL (1/2 SH)	NETBALL (COURTS)	FITNESS (GYM)	
Autumn A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	
Autumn B - WEEK 1	FLAG FOOTBALL (ASTRO)	FITNESS (GYM)	HANDBALL/BASKETBALL (1/2 SH)	VOLLEYBALL (1/2 SH)	
Autumn B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	
Spring A - WEEK 1	FITNESS (GYM)	FLAG FOOTBALL (ASTRO)	VOLLEYBALL (1/2 SH)	HANDBALL/BASKETBALL (1/2 SH)	
Spring A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	
Spring B - WEEK 1	HANDBALL/BASKETBALL (1/2 SH)	VOLLEYBALL (1/2 SH)	FITNESS (GYM)	NETBALL (COURTS)	
Spring B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	
Summer A - WEEK 1	ATHLETICS (FIELD)	ATHLETICS (FIELD)	ROUNDERS (FIELD)	ROUNDERS (FIELD)	
Summer A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	
Summer B - WEEK 1	SOFTBALL (FIELD)	SOFTBALL (FIELD)	ATHLETICS (FIELD)	ATHLETICS (FIELD)	
Summer B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE	

	GROUPS			
	10 PE X 1 M (BOYS)	10 PE X 2 M (MIXED)	10 PE X 1 F (GIRLS)	10 PE X 2 F (GIRLS)
Autumn A - WEEK 1	VOLLEYBALL (1/2 SH)	HANDBALL/BASKETBALL (1/2 SH)	NETBALL (COURTS)	FITNESS (GYM)
Autumn A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE
Autumn B - WEEK 1	FLAG FOOTBALL (ASTRO)	FITNESS (GYM)	HANDBALL/BASKETBALL (1/2 SH)	VOLLEYBALL (1/2 SH)
Autumn B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE
Spring A - WEEK 1	FITNESS (GYM)	FLAG FOOTBALL (ASTRO)	VOLLEYBALL (1/2 SH)	HANDBALL/BASKETBALL (1/2 SH)
Spring A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE
Spring B - WEEK 1	HANDBALL/BASKETBALL (1/2 SH)	VOLLEYBALL (1/2 SH)	FITNESS (GYM)	NETBALL (COURTS)
Spring B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE
Summer A - WEEK 1	ATHLETICS (FIELD)	ATHLETICS (FIELD)	ROUNDERS (FIELD)	ROUNDERS (FIELD)
Summer A - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE
Summer B - WEEK 1	SOFTBALL (FIELD)	SOFTBALL (FIELD)	ATHLETICS (FIELD)	ATHLETICS (FIELD)
Summer B - WEEK 2	CHOICE	CHOICE	CHOICE	CHOICE